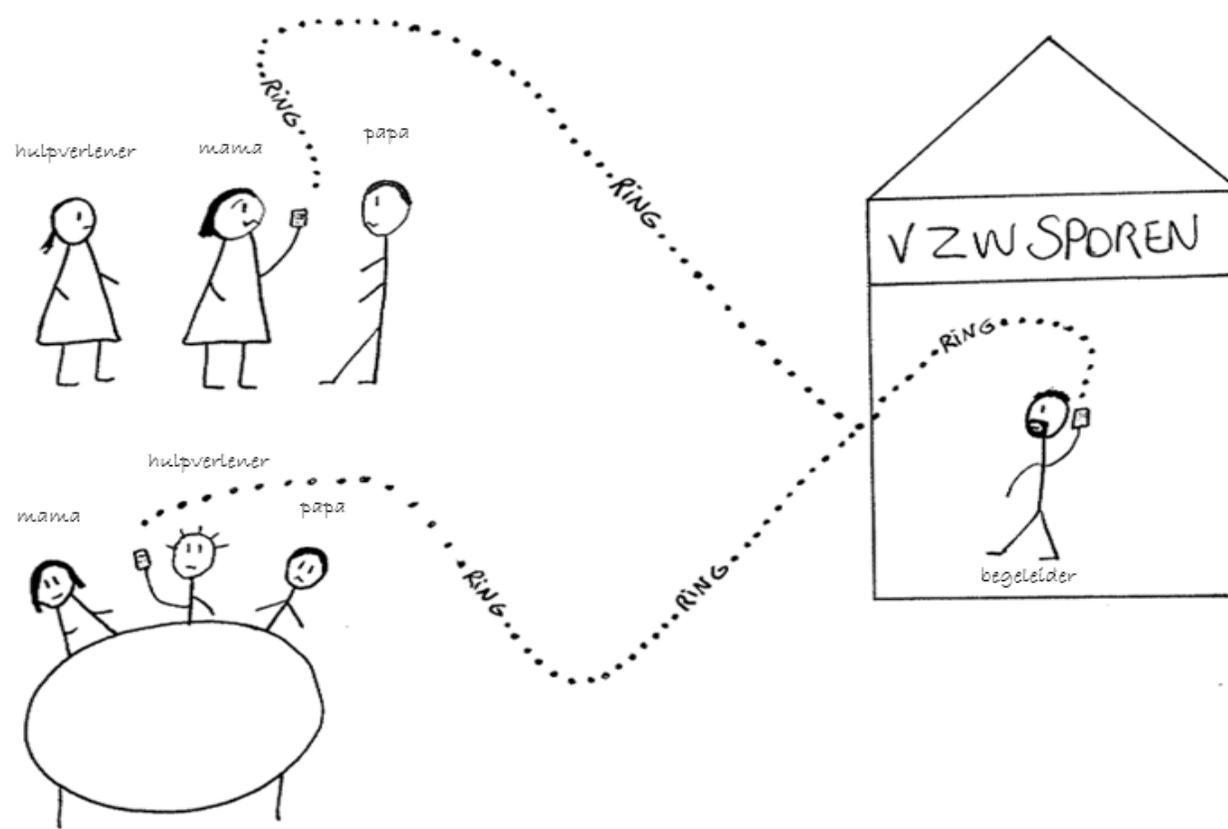


Outreaching, home-based: in vzw Sporen

This is a story for everyone (parents,
children, youngsters, familymembers...)
who will be 'accompanied' by vzw Sporen,
made by the workers of vzw Sporen

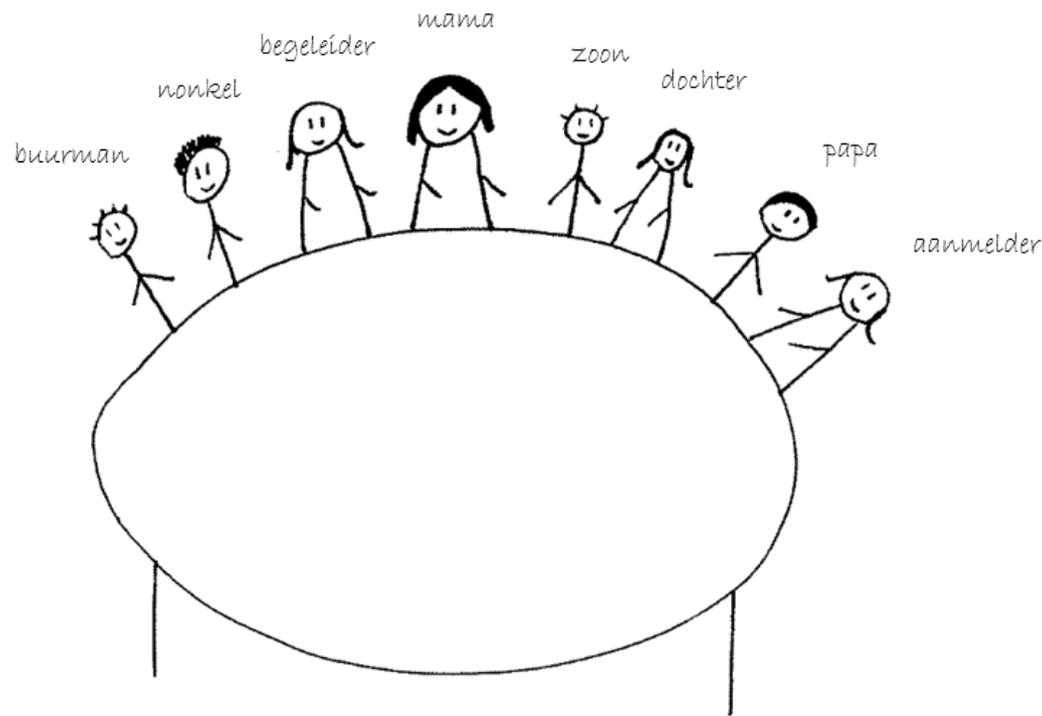


Now and then family life is not easy, even if parents and children do the best they can.

If parents want to ask for help with the education of their children, they can call with a professional to vzw Sporen.

Sometimes it is a professional who is worried about the situation of a child or a youngster and who calls to the OCJ (Ondersteuningscentrum Jeugdhulp) or to the VK (Vertrouwenscentrum Kindermishandeling). Before the professional makes the call, he has to talk with the family and discuss possible solutions with them.

The OCJ or the VK will always start with a conversation with the family. If they think vzw Sporen can help, they can call them.

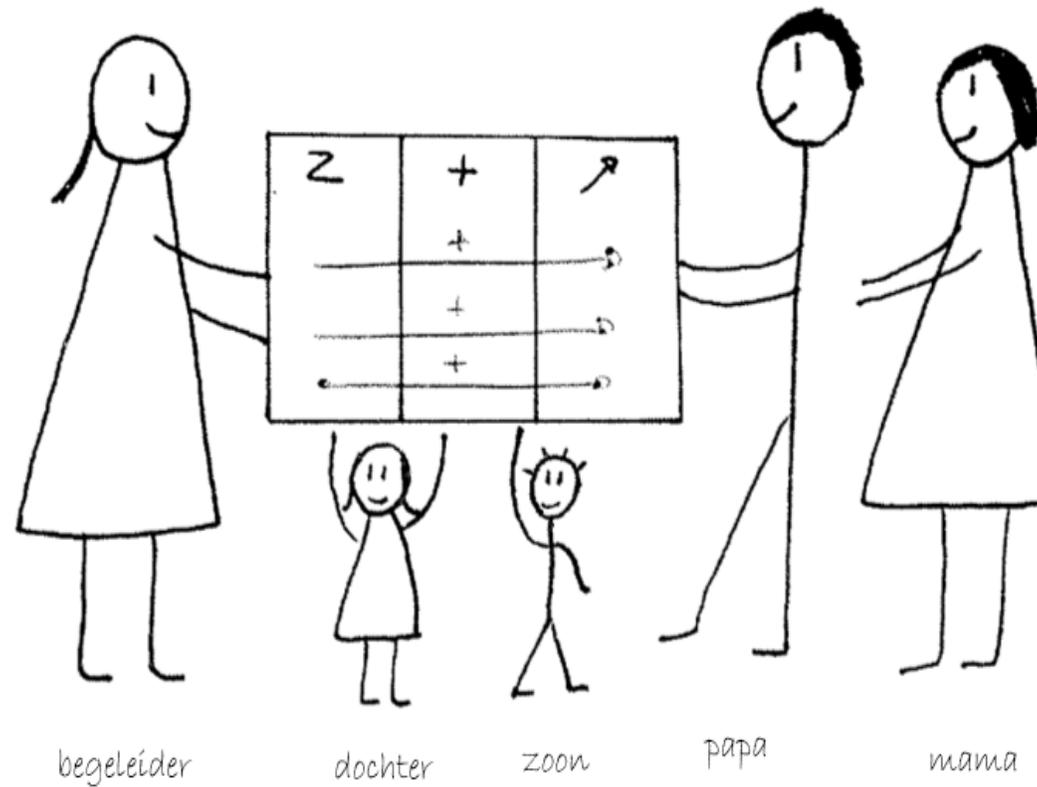


A worker of Sporen has a conversation with the parents, children and their family (the people who are important to them and who they like to be involved). The notifier or consultant are also invited. We call this conversation an intake.

The worker asks a lot of questions, like:

- What are your wishes or dreams for your child? Which things are important for your family?
- What's going well in your family? What do you want to be changed?
- What is the first thing that needs to happen?

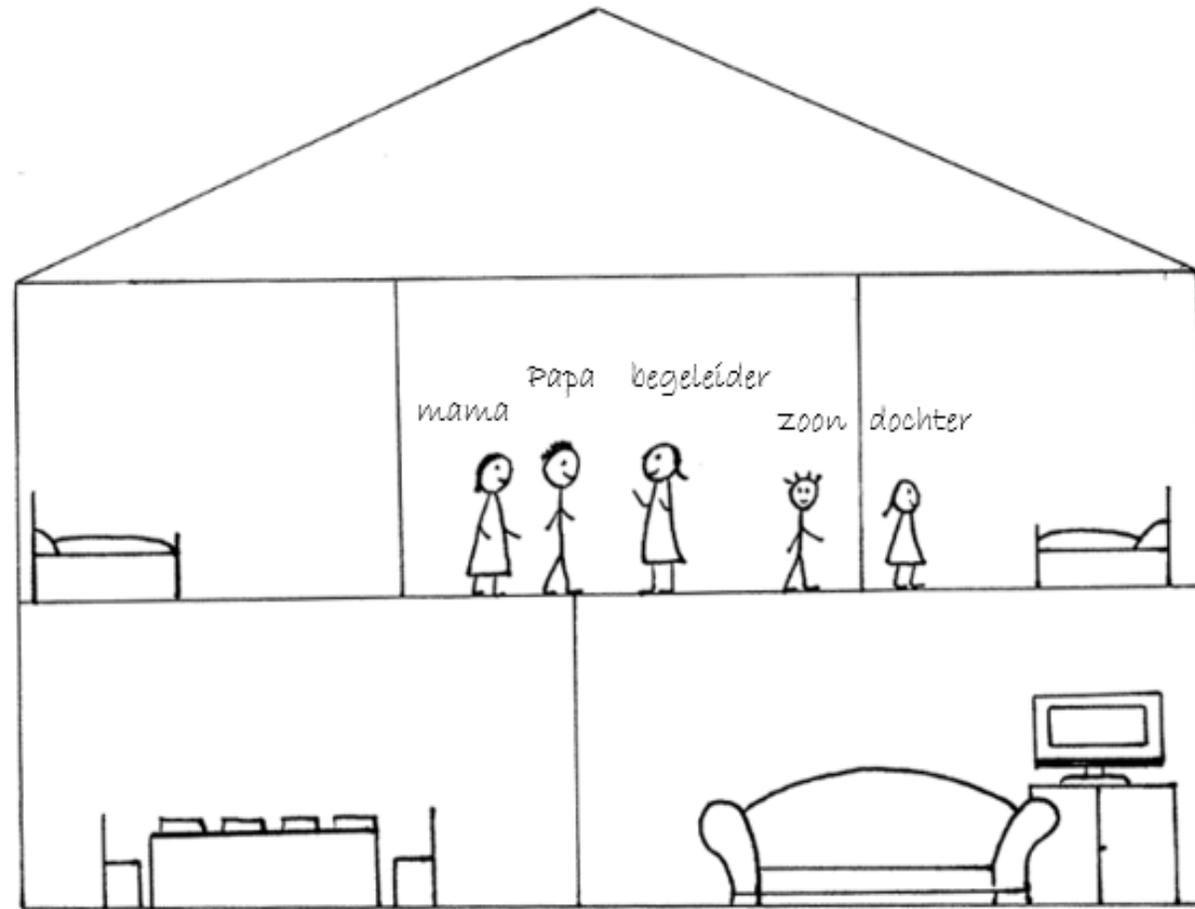
The worker asks the opinion of all the familymembers, the broader family and the notifier.



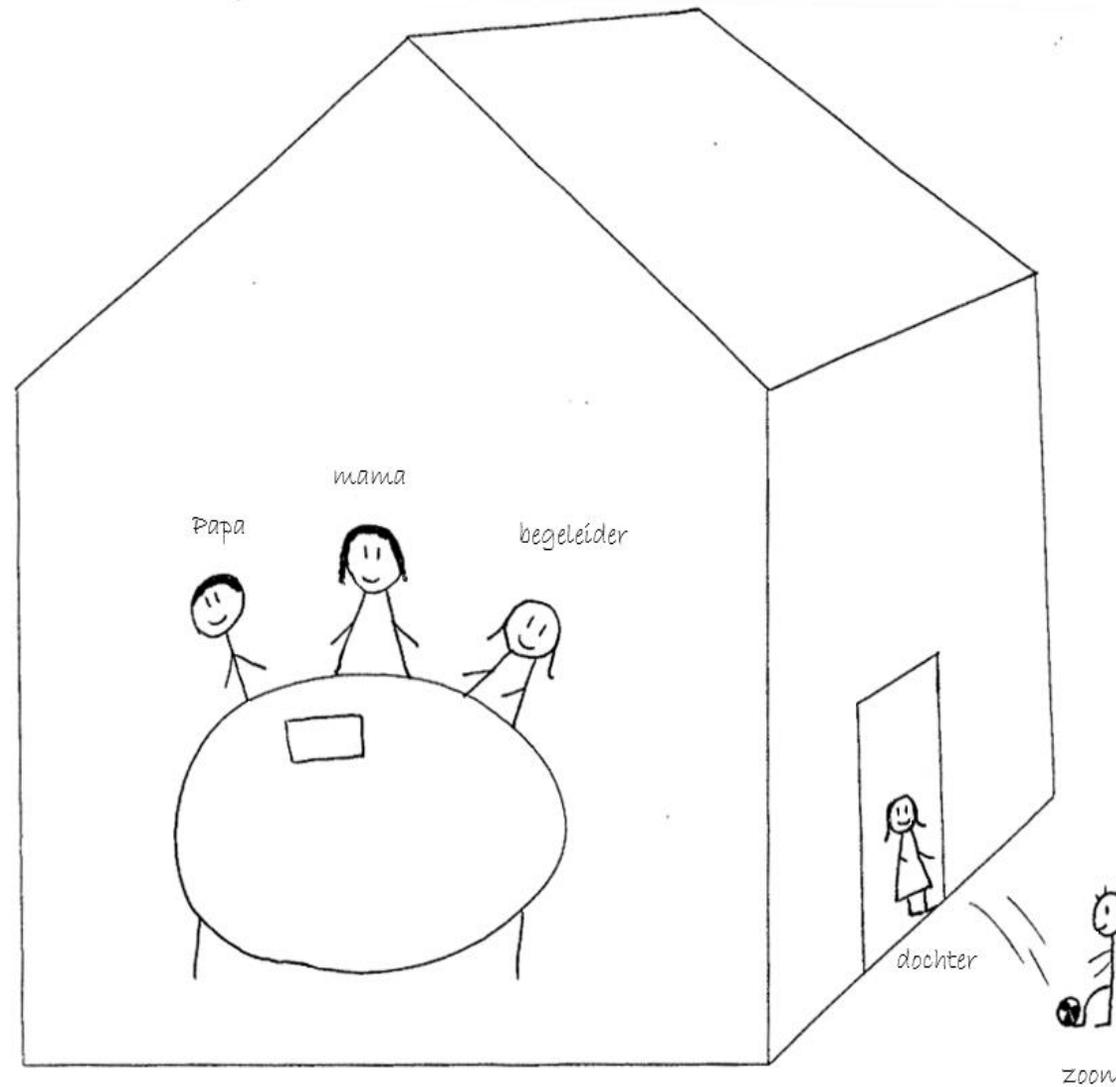
During the intake the worker makes notes and writes a report with:

- A first column with the worries: what is not going good?
- A second column with the strenghts and with the existing help and support: what's working well?
- A third column with what needs to happen to improve the situation: what are the goals?

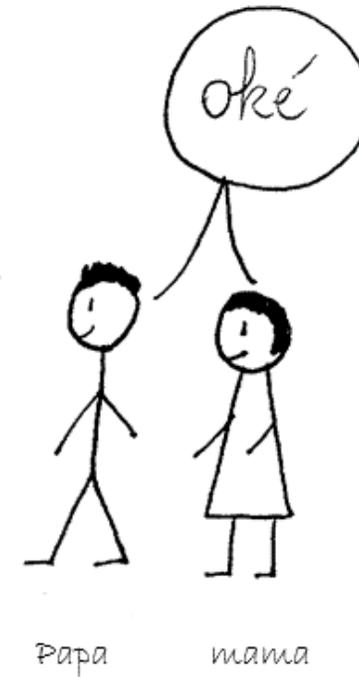
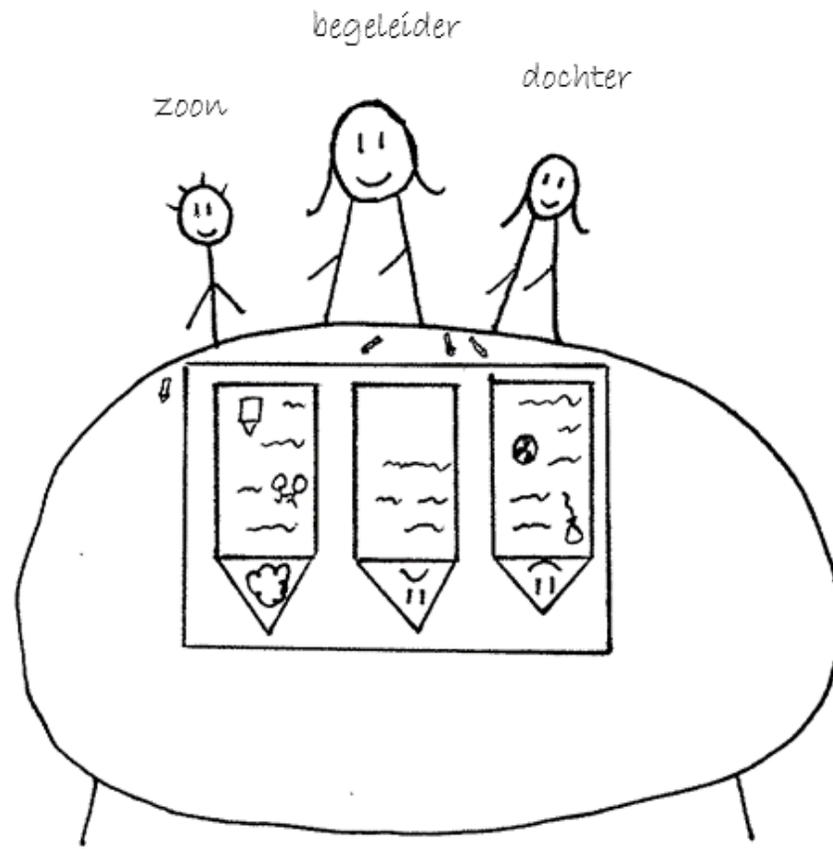
The family and the notifier receive the report. All the reports are made together with the family.



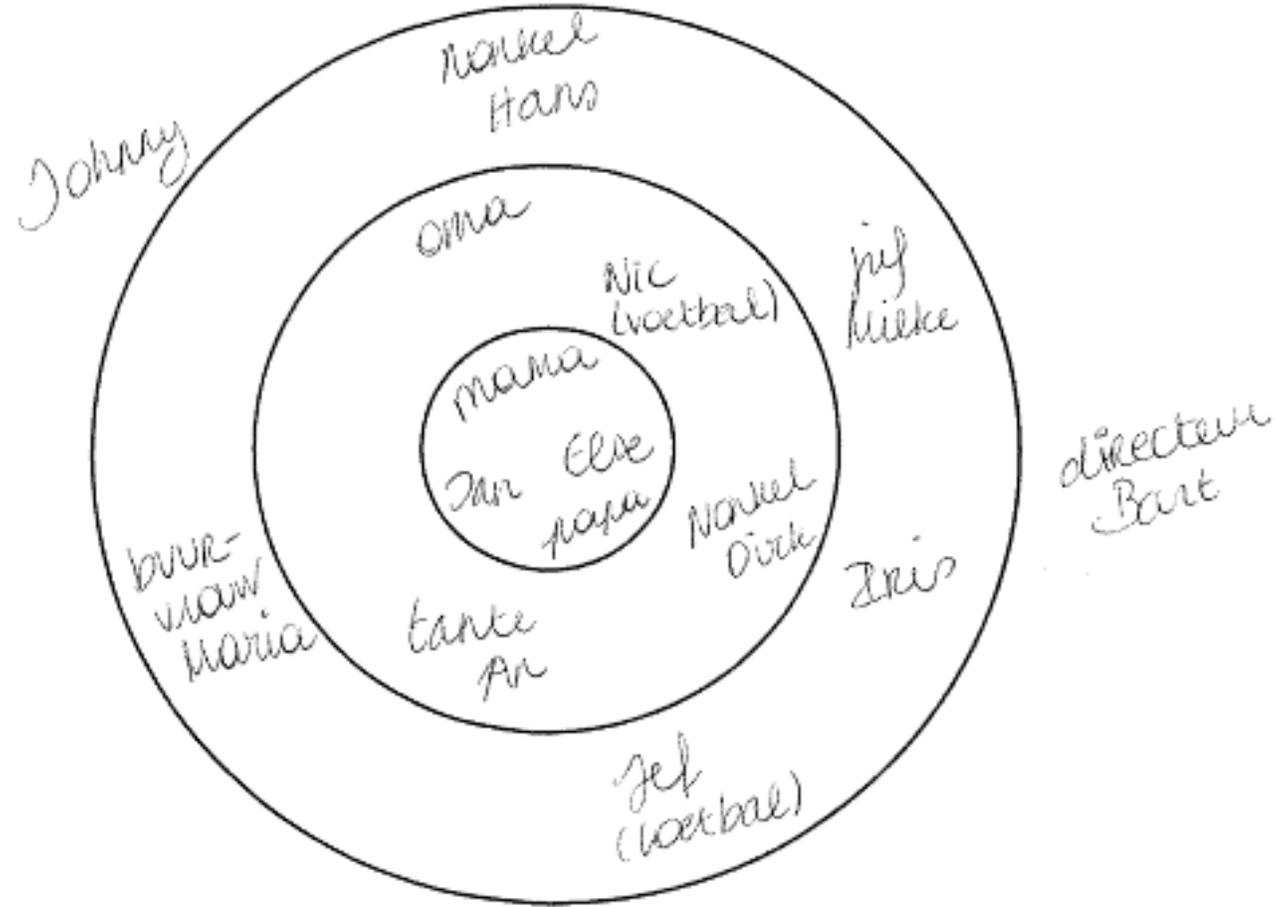
If the children will stay in residential care, the worker explains to the family how the residential unit works. The worker asks the family for information about the child (e.g. when it is bedtime, where do the workers have to pay attention to, who will do the laundry of the child,...). The worker and the family also make agreements about when the children and the parents, siblings and family members will see and hear each other.



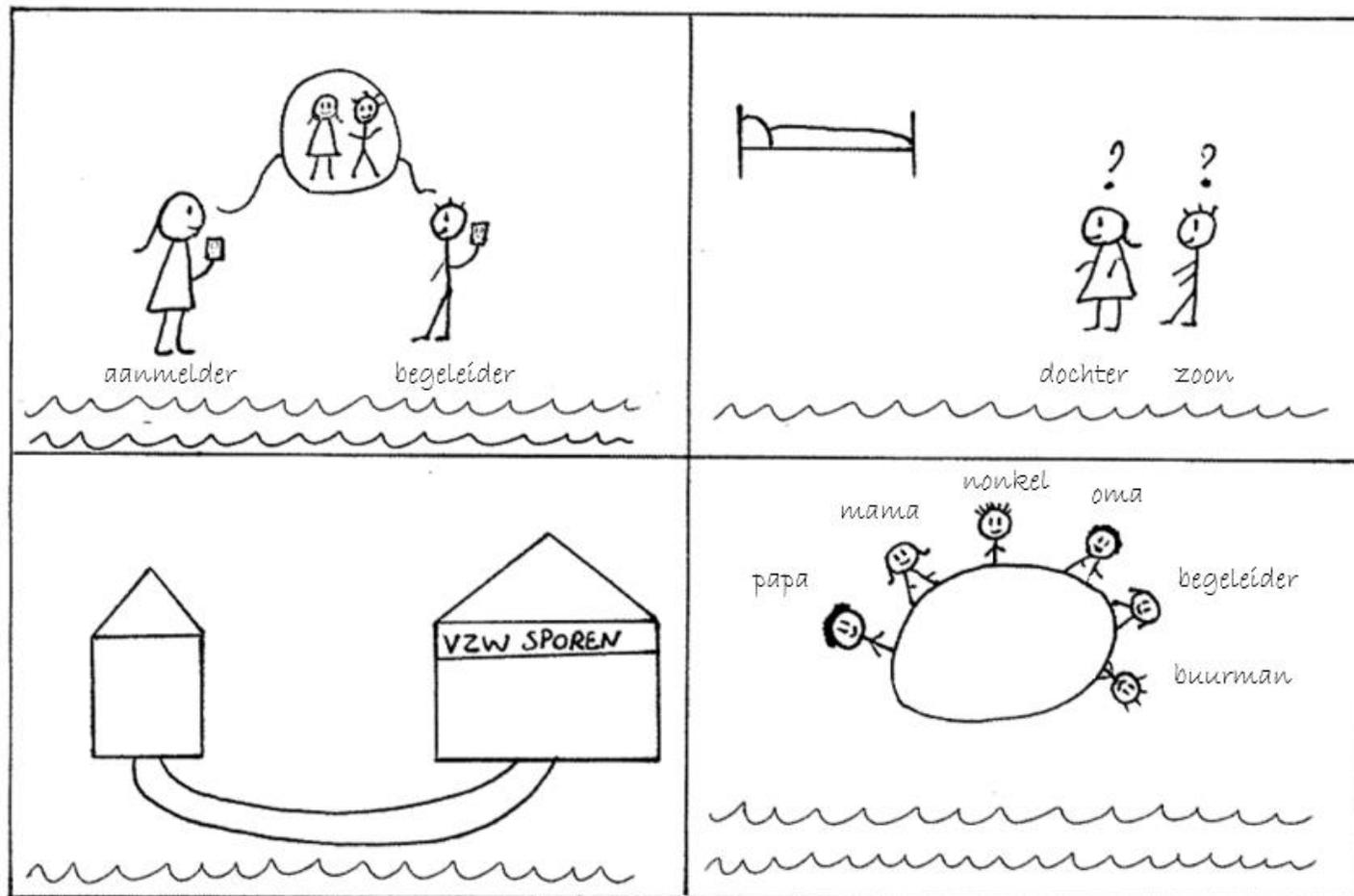
The worker discusses with the parents where and when they will have the next conversations. During the home visits they will continue talking about the subjects of the intake and about other things which are important to the family.



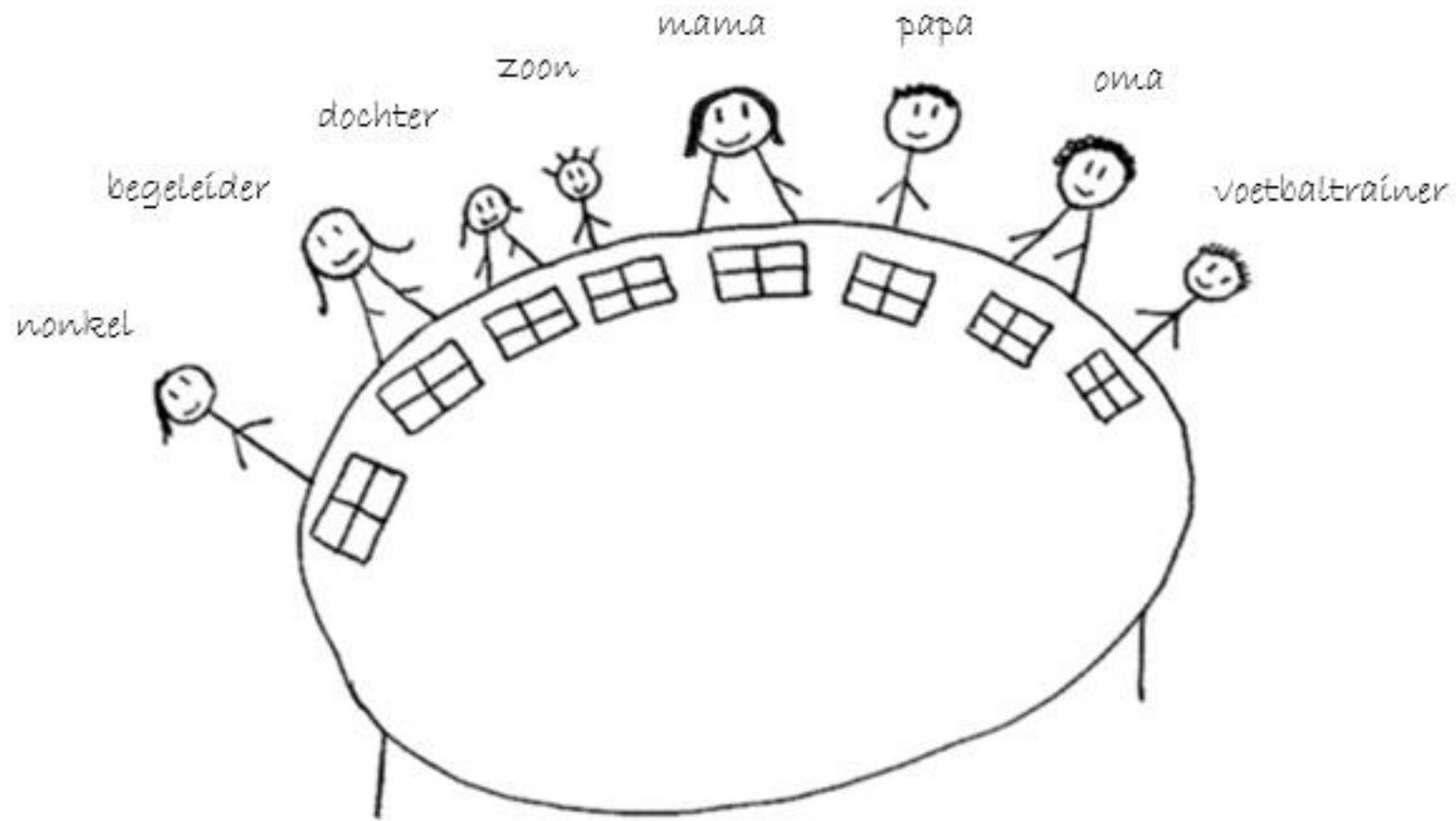
The worker will also talk to the children (at home or in the residential unit). The opinion of the children about the difficult topics will only be asked after the adults have spoken to each other about these topics. The worker asks the children: what makes you happy? Where do you want more of? What do you want to change? In doing so, sometimes they make drawings or crafting.



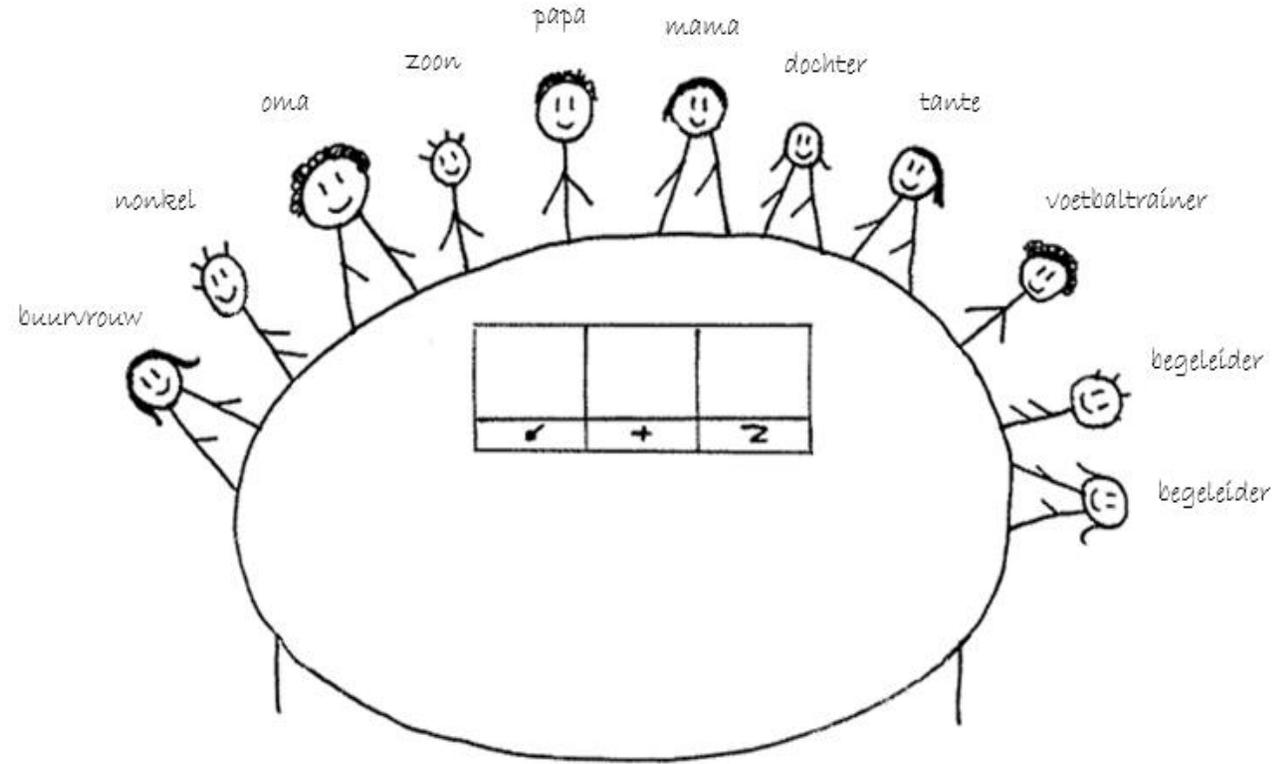
From the start of the guidance, the worker explores with the parents who in their environment can support them. These people often also help the parents to improve the situation of the family by reaching the goals.



Together with the parents, the worker makes a story in Words and Pictures for the children. The story explains what happened in the children's lives and what will happen next.

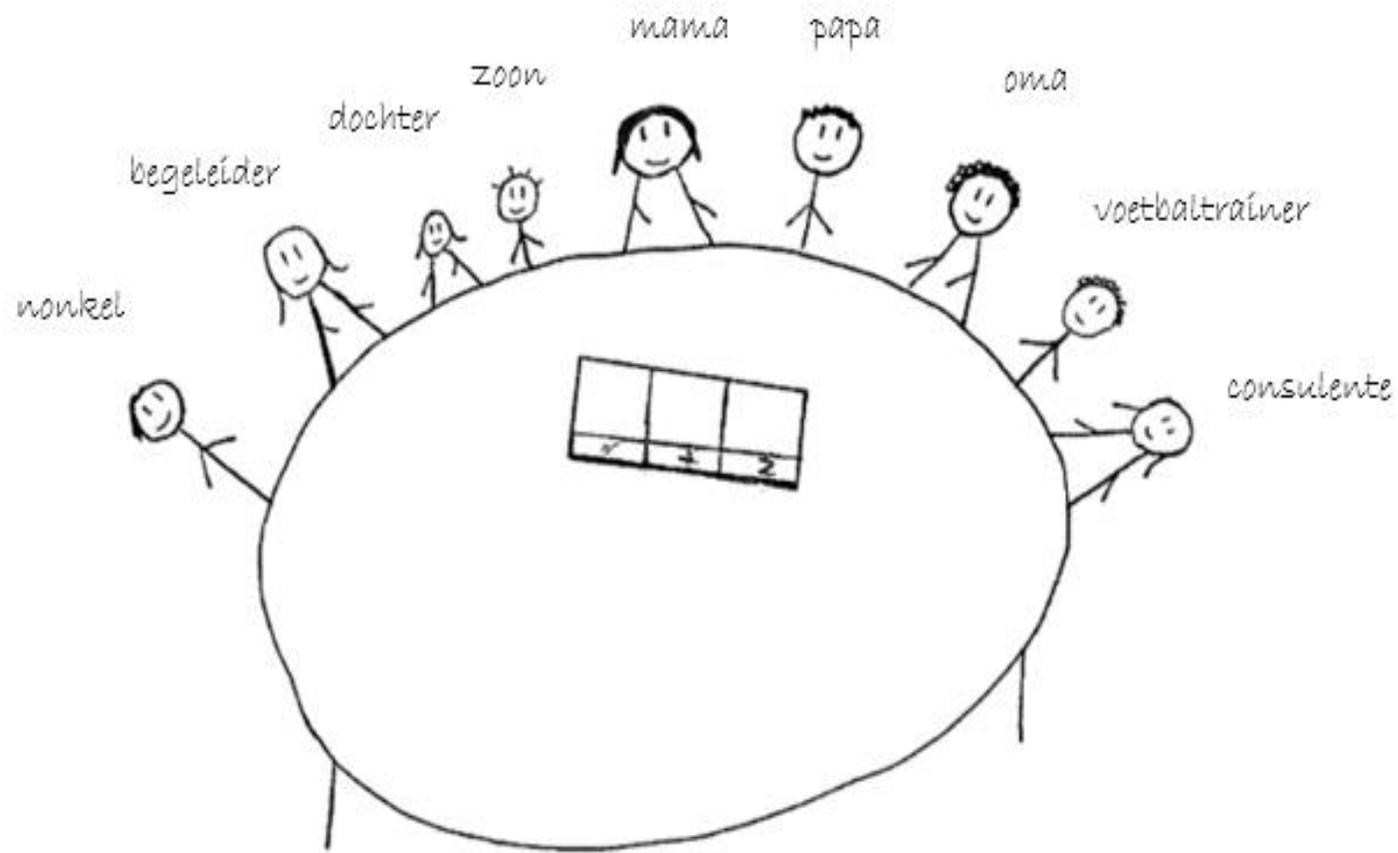


This story is read out loud by the worker to the children in the presence of the parents and if possible also in the presence of the broader family, so everyone gets a shared story.

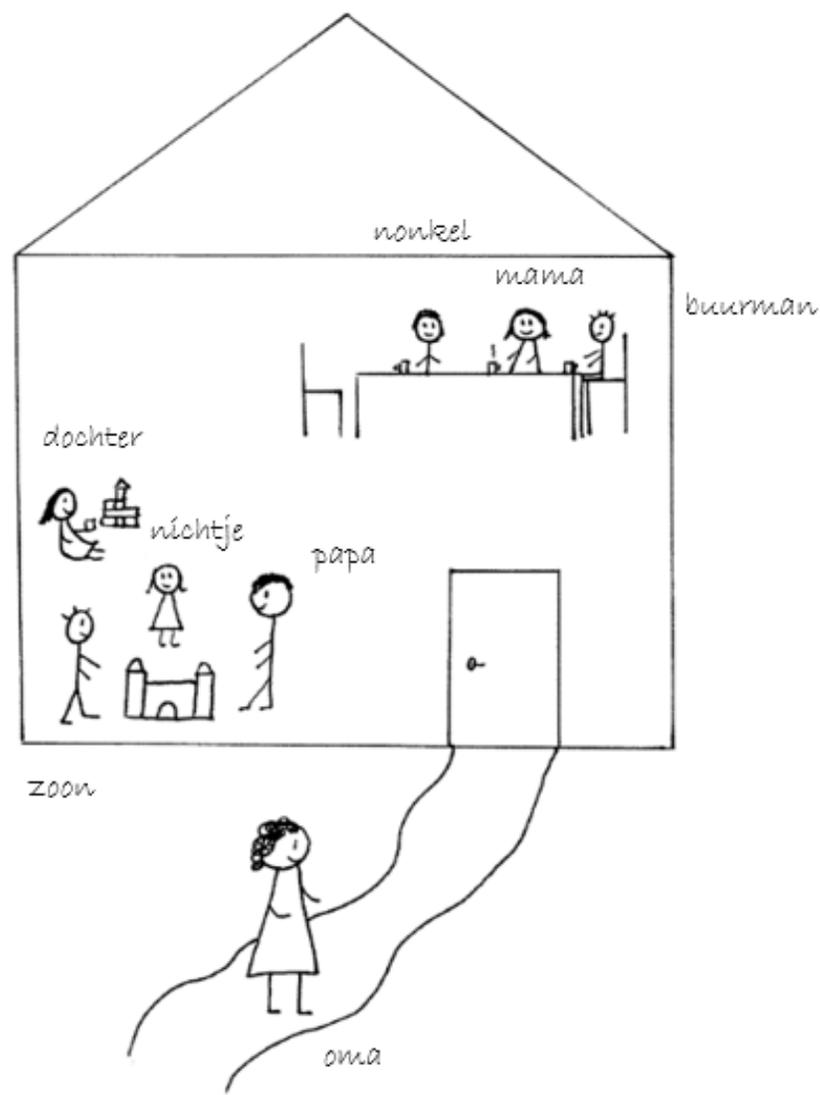


The workers and the family invite the people who are important for the family. At this meeting the most important worries, goals and strenghts are shared.

Everyone works together to make a plan to reach the goals: What has to happen? What is the first step? Who is going to do what? How are we going to know if it's working or not?



At least every six months the worker and the family meet to have a look at which things already changed. They do this together with their network and together with the notifier or consultant (if relevant).



When the situation is improved and the plan works good enough for everyone (parents, children, notifier, consultant), the guidance ends and the family moves on with the people around them.